

Rabbi Morey Schwartz, Mohel

Rechov HaTirosh 45 /Hashmonaim 7312700/ **052-864-1130**

POST-BRIT CARE

Mazel Tov on the merit of bringing your son into the brit shel Avraham Avinu. This mitzvah is among the first commanded to the Jewish people nearly 4,000 years ago.

Your son's brit is one of approximately 60,000 performed in Israel annually. Medically, this is a safe procedure with a minimal percentage of complications, which are usually minor, despite the baby being a newborn. The following guide is provided to assist you with questions that may arise during the first few days after the brit and thereafter.

Caring for the baby

- The bandage presently on your son will remain there 2-4 days.
- From now, until the time after the bandage is removed, you need to simply remove the GAUZE PAD each diaper change, spread VASELINE ointment on a new pad, and place it on top of the bandaged penis (like a tent). This will lubricate the bandage and make it easier to remove.
- During the first 24 hours, it is common to see pink blood stains on the gauze pad. This is not bleeding, but rather the absorbed blood in the bandage passing onto the pad when the baby urinates.
- Your son may sleep any way he seems to be most comfortable.
- Until the time when the bandage is removed, you should not bathe that area but use a wet cloth with warm water and soap as you wish to clean him.
- **If the bandage falls off:** Call me right away. Monitor for significant bleeding and update me by phone and/or with pictures.
- If I cannot be reached, and there appears to be significant bleeding, go to the emergency room.

Soothing the Baby:

- It is common for the baby to sleep more than usual following the brit.
- It is recommended to feed the baby without strictly adhering to regular feeding times.
- *If neither feeding nor holding the baby seems to help, consider giving a dose of children's Acamol syrup - tiptipol novimol is recommended, no more than once every 5 hours.*
- If the baby continues to cry despite these measures, please contact me.

Things to know:

- After the bandage is removed, you should continue to apply the VASELINE to the incision area, as per my directions at the time.
- After that, you may bathe your son as you wish, keeping in mind that the area will be a little tender for several days.
- When the bandage is removed, there may be a little bleeding. That can be stopped by applying a little pressure for a short time with a gauze pad on the incision, and then applying a generous amount of the vaseline.
- You may notice that the crown of the penis is dark in coloration. That is because it has been enclosed by the foreskin. It will look more "normal" as time passes.
- You may notice a whitish/yellowish coating or film during the healing process. This is not infection, but rather a normal aspect of the healing process.
- As a result of lower abdominal chubbiness in some babies, it may begin to seem as though the foreskin is growing back. This will usually correct itself as the baby gets taller and thins out. In such cases, pushing this skin back during diaper changes is an important part of keeping him clean.

Once again, Mazal Tov.

Feel free to contact me by phone or WhatsApp at any time: 052-864-1130